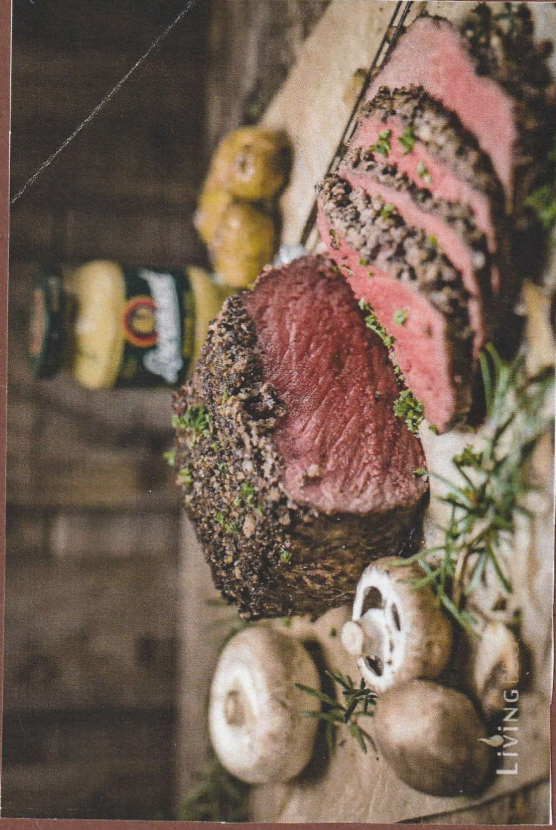


Roast

The original roast beef is a Viennese specialty med from flat roast beef. In general however the method of preparation using the top shell has prevailed which also corresponds to Austrian cuisine. The meat slices are plated and fried then poured with jus and simmered.



Beef



Place of origin: England; Main ingredient: beef; Amount per 100 gram; Calories 170; Fat content 6g; Saturated fatty acids 1,7g; Polyunsaturated fatty acids 0,2g; Monounsaturated fatty acids 2,3g; Trans fatty acids 0,3g; Cholesterol 86mg; Sodium 50mg; Potassium 377 mg; Carbohydrates 0g; Dietary fiber 0g; Sugar 0g; Protein 29g